# NMC *MyHealth!*

## *your health information, all in one place.*

NMC MyHealth! is an online tool that goes a step beyond simply displaying your health information. It allows you to manage your health care easily and securely. Access your information on your schedule, whether at home, on vacation or at another medical office. Simply enter the portal from your computer using a browser to manage your information 24/7.

**You now have the power to manage:**

* Lab and x-ray results
* Medical visit history
* Discharge instructions
* Health summaries
* Immunization records
* Hospital discharged-medications with instructions

### NMC *MyHealth!* — Quick Reference Wallet Card

User ID:_____

Password: _____

1. Visit www.northwestmedicalcenter.org
2. Click on the NMC MyHealth! link
3. Enter your user ID and password
4. Access your information!

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# NMC *MyHealth!*

## Northwest Medical Center

**705 North College St.
Albany, MO 64402**

**Phone: 660-726-3941
Fax: 660-726-3647**

**www.northwestmedicalcenter.org**

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# NMC *MyHealth!*

*Your free online tool for managing your health care.*

# enrollment is easy and just a few clicks away!

- **Visit www.northwestmedicalcenter.org**
- **Click on the NMC MyHealth! link**
- **Click on the Sign Up! link**
- **Complete enrollment questionnaire (name, DOB, email, etc.)**
- **Enter your one-time username & password. Answer your security questions, click "Submit" and then log off.**
- **Log back on and enter your newly created username and password.**

Explore **NMC** *MyHealth!*

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# you have questions, we have answers!

**Q: From where does my health information found in NMC MyHealth! come?**

A: All your information in the NMC MyHealth! portal comes from your Northwest Medical Center electronic health record. This ensures that you have access to the most accurate, up-to-date information possible.

**Q: How do I log into the NMC MyHealth! portal?**

A: To log in, visit the NMC MyHealth! link on Northwest Medical Center's website. Then, simply enter your username and password. (If you have not already enrolled, please do so by following the enrollment instructions to the left of this page).

**Q: Can others access my NMC MyHealth! portal on my behalf?**

A: Yes. You can provide access to a portal proxy. A portal proxy is a person that you designate to view your medical records. Designate a proxy, and complete a required authorization form from our Health Information Management Department to give consent. You may contact our department at 660-726-1192 to obtain your proxy consent form.

**Q: Is my personal information secure?**

A: Yes. Portal passwords are encrypted, and URLs are rewritten so they cannot be copied and pasted. You and authorized proxies are the only individuals who can access your portal. Also, a timeout feature protects your information should you leave your portal page open.

**Q: What do I do if I have problems with the content of my NMC MyHealth! portal?**

A: Simply go to the "Contact Us" link on the portal homepage and submit any questions you have or call Northwest Medical Center at 660-726-3941. Our system administrators will address any concerns you may have.

**Northwest Medical Center**

**www.northwestmedicalcenter.org**